FOOD MENU

Available for Sit In or Take Out

BURGERS (ALL SERVED WITH FRIES)

Beef Hamburger
$11.00

Beef Cheeseburger
$12.00

Veggie Burger
$13.00

Add Bacon
$2.00

Add Side Soup
$4.00

Add Side Salad
$4.00

SANDWICHES & WRAPS

Smoked Meat on Rye
$8.00

Toasted Western
$5.75

B.L.T
$5.50

Grilled Cheese
$4.25

Clubhouse or Wrap
$8.00

Add Fries, Side Soup or Salad
$4.00

SOUP & SALADS

Soup of the Day
$5.00

Garden Salad
$7.00

Caesar Salad
$7.00

Add Chicken
$3.00

SNACKS & SIDES

Mozzarella Sticks
$7.00

Chicken Fingers (5) with Fries
$14.00

Chicken Fingers (3) with Fries
$8.00

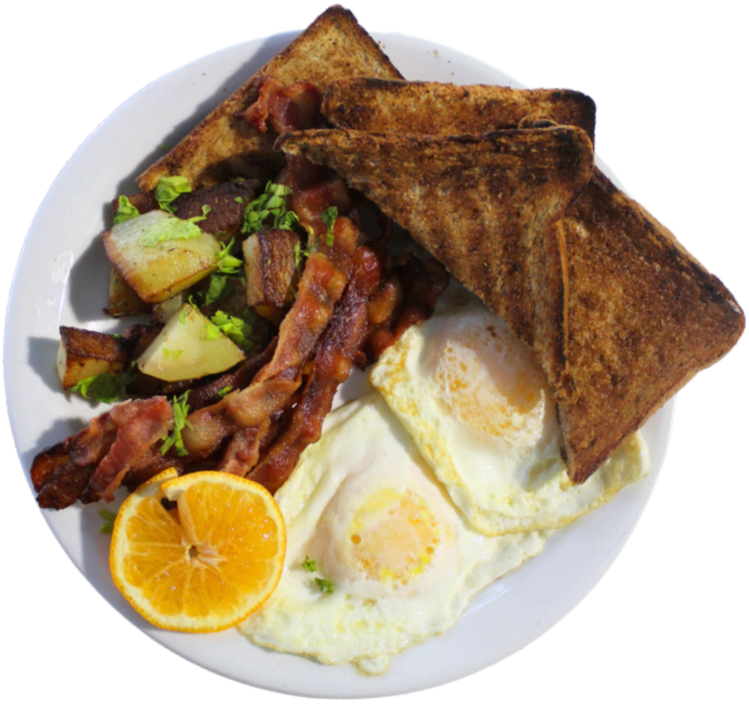
Fresh Cut Fries
Small: $5.00 | Large: $7.00

Poutine
Small: $9.00 | Large: $13.00

FOOD MENU

Available for Sit In or Take Out

BREAKFAST (SERVED UNTIL 10AM)



Two eggs, toast, bacon, home fries, with tea or coffee
$10.00

Toast
$1.50

English muffin (toasted)
$1.50

Bagel
$2.00

Bagel with cream cheese
$3.00

Bacon & egg on an English muffin
$5.25

Sausage & egg on an English muffin
$5.25

Pancakes (3)
$7.00

French Toast (3)
$7.00

FRONTENAC CAFÉ

Location: Inside BGC West End Community Centre, 1300 Bath Rd Unit A-2

In Support of bgc South East